

NELSON PROSTHODONTICS

Whitening & Veneers

Many people are happy with their smile, but wish for whiter teeth, or to change the shape of their front teeth.

They may have staining due to food products and we can usually help you achieve a visible difference of 2-3 shades lighter.

The more permanent ways of improving colour and shape to front teeth is using veneers, or alternatively, composite build-up 'veneers'.

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Whitening & Veneers

Whitening

The easiest way to accommodate this is to use a whitening product, with a greater strength than that which is available over-the-counter, and of course, it comes with professional support that you don't get with a kit bought at the supermarket.

At our practice, we offer take-home kits, that can up to last several months longer than instant in-chair whitening techniques.

You will come in so that we can take a mold of your teeth, from which we create an ultra-slim (0.5 mm) mouth tray, constructed in our specialist lab to fit your mouth perfectly.

You are then supplied with a gel, which you apply in the guard, and wear for half an hour sessions over a two week period. You get to monitor the gradual process to the whiteness you wish, and you control the process. You may find your teeth become temporarily sensitive for a few days, but this resolves after the process stops.

Veneers

A more permanent solution is to shave a thin layer off the front surface of the tooth and a mold is taken. We schedule a return visit a few days later (the shortest time it takes to make the veneers).

A technician makes veneers out of porcelain, and they are bonded to the tooth, producing a more attractive appearance, and a shape you are happy with. With our own dedicated laboratory and expert technicians the whole procedure can be completed within three days.

Composite 'Veneers'

An alternative solution is composite veneers. This is a process in which your front teeth are built up using dental material, or composite. This is done in the chair and the extra training our Prosthodontists have ensures a great result.

It is a more cost-effective method of achieving a cosmetic improvement, however, it is also not as strong or long-lasting as veneers made from porcelain.

